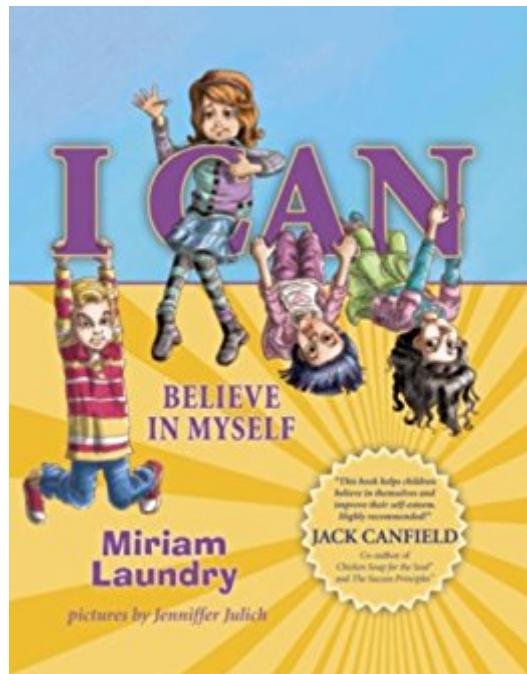


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# I CAN Believe In Myself



## **Synopsis**

Molly has been chosen to be the next Star-of-the-Day! Most kids would be excited. Molly, however, is terrified! She just can't talk in front of her class. How can Molly get out of this mess? Will her story about a three-headed monster work? How about a note from her mother (whose printing looks strikingly similar to Molly's). She worries all day. She frets all night. "I CAN'T...I CAN'T...I CAN'T" Molly convinces herself. Or CAN she? Other themes in this book include letting go of fear, compassion, confidence and self-esteem.

## **Book Information**

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## **Customer Reviews**

I ordered this book for my niece and she loved it! This book cleverly helps children overcome difficult situations. My niece was very scared to start swimming lessons. At the end of the book she told me she wanted to make a make-believe Shreddy (like in the story) and she let her fear go. Thanks for this book, I wish I would have had it as a child.I CAN Believe in Myself (I CAN Book Series)

I CAN Believe in Myself is an important lesson for children. Self Esteem, Self Worth and trusting oneself are essential qualities for healthy character development, relationships and succeeding in new situations and surroundings. As a once very shy child myself (many years ago), I know too well the importance of believing in yourself and building confidence. The author, Miriam Laundry has taken a complex topic of self esteem and created a story and characters that help the message land well for children. I can picture young children repeating the book title as their mantra.... I CAN!!! Believe in myself! I CAN!!! Believe in Myself! Thank you Miriam for creating a movement to help children recognize and value their uniqueness and their worth. charmaine Hammond,bestselling award winning authorOn Toby's Terms, and, Toby the PetTherapy Dog children's series

Note: I purchased this book from the author at a local event, not through ."I Can Believe in Myself" was a quick, fun read that really drove home the importance of believing in yourself -- and not only that, but the importance of encouraging others to believe in themselves as well. The message is great, the illustrations are adorable, and the story is nicely paced. A great children's book for young readers!

I teach 10 to 12 year old boys who are children at risk. My goal is to help them develop a positive self- esteem. Recognizing that " I CAN" will help them be aware of what they are capable of doing and not allowing fear or not even trying get in the way of becoming more confident in themselves.

Outstanding! It's so easy for children to grow up with an inner voice that says "I can't" but usually, they can do so much more than they realize. Ideally, parents would be able to hear that inner voice when it attacks their child's confidence and self-esteem, but in truth the inner voice is silent. However, parents can read this book to their children and help counter that inner voice with words to build their child's confidence and self-esteem. Although all my children are grown, I loved the messages in this book so much, I bought a copy for my local library.

Great book. Valuable message. Kids need to be encouraged and motivated to set up to challenges at a young age so they are fortified to take on bigger challenges as they grow. "I CAN" does exactly that. My niece loved her copy.

My 7 year old daughter absolutely loved this book!!She could relate to one of the characters in the

book and how he couldn't climb across the monkey bars. After reading the book, my daughter told me she COULD do it and wants me to take her to the park tomorrow to try it again. This book has given her a new found confidence and hope. I love the writing and the illustrations!

I met Miriam through her work as an assistant with Jack Canfield's Train The Trainer program. She is not only an amazingly talented author, but she is also one of the most caring, kind, loyal, warm and overall awesome people you will ever meet. Miriam's commitment to the empowerment of children is unmatched, and that commitment shines through in I CAN Believe in Myself. I purchased the book to share with my children because it's message is powerful and easy to consume. In today's world of information bombardment and tremendous change, our children need to know that their future can be full of abundance and they can live happy and fulfilled lives. Miriam's book I CAN Believe in Myself reinforces this critically important message. It's no wonder the book holds the Guinness World Record for the largest online book discussion in a 24 hour period. I give this book and the author my highest endorsement!

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